

**Capital Area Human Services District Board Meeting
January 7, 2019**

Directors Present: Thomas Sawyer, Chair; Amy Betts; Christy Burnett; Gerri Hobdy; Gail Hurst; Becky Katz; Vickie King; Genny Nadler-Thomas; Virginia Pearson; Rikki Permenter, PhD; and Gary Spillman

Directors Absent: Laverne Aguillard; Rev. Louis Askins; Dana Carpenter, PhD; and Kathy D’Albor, Vice Chair

	RESPONSIBLE PERSON	DISCUSSION	FOLLOW-UP
Approval of the January 7, 2019 Consent Agenda and Approval of the Minutes for December 5, 2018.	Mr. Sawyer	<p>Mr. Thomas Sawyer, Board Chair, called the meeting to order at approximately 1:15 p.m. A quorum was present.</p> <p>New East Feliciana Parish Board members, Ms. Genny Nadler-Thomas and Rikki Permenter, PhD, were introduced. Each provided a brief background.</p> <p>Ms. Christy Burnett made a motion to approve the January 7, 2019, Consent Agenda and the minutes of December 5, 2018. Ms. Amy Betts seconded the motion.</p>	There were no objections and the motions passed.
Public Comment	Mr. Sawyer	<p>Mr. Sawyer read the Public Comment section. The following guests requested to speak:</p> <p>Patricia Calfee, Baton Rouge Area Foundation (BRAAF), provided a brief overview of her role at BRAAF. She explained that the Bridge Center is a part of BRAAF’s initiative that began approximately 6 years ago to decriminalize mental illness. She mentioned that CAHSD has been a great partner. Ms. Calfee stated that in December 2018, a property tax millage was passed to fund the operations of a crisis stabilization center. The funds come in arears and BRAAF is working with the city on how to get started. Committees are being developed to work on different areas. She discussed the blue print of the core of the center. She stated Dr. Kasofsky will be on some of the committees and had a strong role leading the Clinical Design Committee. BRAAF’s goal is to work smarter, not harder.</p> <p>Ms. Calfee announced that BRAAF is changing the Board composition to be more diverse and to represent the community better.</p> <p>Lauren Crump, representing BRAAF/Bridge Center provided a definition of diversity for the CAHSD Board and provided examples as it relates to the Bridge Center Board which will include public officials, private sector individuals, medical professionals, law enforcement representatives, and</p>	

		<p>those who have had loved ones, family members and friends affected by mental illness, etc.</p> <p>Ms. Geri Hobdy thanked P. Calfee and L. Crump for fighting for this initiative and stated there must be a continuum in order to have a Bridge Center.</p> <p>Dr. Kasofsky stated that since the closure of the MHERE, CAHSD has always tried to obtain public dollars to fund a stabilization unit but it was never funded. She feels personally that it is the responsibility of the state to fund the stabilization unit. She is very grateful that BRAF and the Bridge Center have moved forward to get the funding.</p> <p>Dr. Kasofsky is interested in working on operations because of her experience and stated it's critical the Bridge Center is linked to all of the providers and support programs that are necessary for people with mental illness. The Bridge Center is a piece of the crisis continuum that is critical.</p> <p>The goal is to get people treatment, for them to understand their illness and stay out of jail. The Behavioral Health Collaborative is a way to engage the community in those discussions. There needs to be more information provided to the community as the stabilization unit is designed.</p> <p>Dr. Kasofsky stated that as follow up, she and Mr. Sawyer met with P. Calfee, Kathy Kliebert (by phone) and John Spain about some of the questions that were raised re: CAHSD's lack of involvement. She reiterated that when CAHSD was created legislatively, it was to deliver services and also contract for services but mostly to ensure that any gaps in services were getting addressed.</p>	
Communications	Dr. Kasofsky	<ul style="list-style-type: none"> • Communications: New Board members will be meeting soon for orientation. • CAHSD Annual Meeting was very successful. Several Board members attended. Willie Johnson and members of her organization gave interactive presentations. • Capital Region Behavioral Health Collaborative Summit (12/5/18) and Opioid Plan, had a very good turnout. Dr. Kasofsky thanked the Board members for their support and for attending the summit. The Community-wide Response to the Opioid Epidemic Plan is posted on the CAHSD website, www.cahsd.org. Hard copies of the plan are being mailed as requested. 	

		<ul style="list-style-type: none"> • Board Chair’s letter to CAHSD staff re: CARF - the letter from the Board Chair will be distributed to the Board members for review via email and sent to CAHSD staff congratulating/commending them on a successful CARF audit and third, 3 year accreditation. Dr. Kasofsky stated that a successful audit means that standards were met and staff was well prepared for the survey. • Meetings with Leadership in Donaldsonville - L. Conkerton, Gonzales Mental Health Clinic Manager, has developed a communication plan and has several meetings scheduled with Ascension Parish leadership. CAHSD’s Ascension Parish Board members are aware of each meeting and will attend as they can. • BRAF/Bridge Center Meeting, in follow-up, Dr. Kasofsky stated that a psychiatrist is needed on the Board. Dr. Kasofsky suggested BRAF consider contacting a national company with experience in managing a stabilization unit. She has provided BRAF with the national council person’s information responsible for behavioral health crisis and knowledgeable about all of the different companies and different programs nationally. 	
Grants (Table)	Dr. Kasofsky	<ul style="list-style-type: none"> • Dr. Kasofsky provided an overview of the attached grants table and the programs they fund. Charlene Gillard, retired CAHSD employee, has been hired to monitor and audit the grants. • The contract with the Department of Justice is going well. A lot of clients are being seen. A specific social worker with expertise working with this population has been assigned to provide services to the clients for this grant. 	
Integrated Care: Open Health Care Clinic MOU and Possible Expansion, BR Clinic Expansion	Dr. Kasofsky	<ul style="list-style-type: none"> • Integrated Care Program is moving along well. Dr. Kasofsky provided a brief history of the grant explaining that LDH applied for the grant and 2 Human Service Districts applied with partners. CAHSD applied with Open Health Care Clinics. <ul style="list-style-type: none"> ➤ OHCC has expanded very quickly. They will have ½ day clinics at CAHSD every day. ➤ There are performance indicators that must be met and CAHSD has to be clear on what is being collected and submitted. LDH is responsible for entering the CAHSD data for the grant. • Move MDMHC out of present Harding Blvd location. – Dr. Kasofsky provided an overview of the issues/expenses associated with maintaining the building. The building was donated 30 years ago to Region 2 mental health, rent free. Dr. Kasofsky is looking at moving into a site on Howell Blvd. with Open Health Care Clinic. CAHSD would like to provide intensive addiction services in that area. <ul style="list-style-type: none"> ➤ Rent will cost approximately \$126K per year and is affordable. Provides an opportunity to offer the integrated care that is really 	

		<p>needed. Great opportunity to co-locate.</p> <ul style="list-style-type: none"> ➤ Dr. Kasofsky will provide an update at the next meeting. Will probably have to move out of the Government Street space this year as well preparing for the State to sell the land. • BR Clinic (BRC) Expansion: CAHSD has had a FT social worker at the BRC for a year. They have requested another FT social worker. At this point, CAHSD has added another 30 hours of social work time and now has a total of 70 hours of social work time at BRC. We are awaiting an executed contract whereby BRC pays for care management while CAHS bill for the SW service. 	
Medication-Assisted Treatment (MAT) for Opioids Expansion	Dr. Kasofsky	<ul style="list-style-type: none"> • CAHSD is working with L. Cataldie, MD, to provide MAT in our main ARS clinic. The goal is to offer Suboxone at CABH in the outpatient program. Suboxone is covered by Medicaid. Because of the nature of what CAHSD does, people aren't turned away for not being able to pay but the number of people we serve receiving Suboxone who have no payment source will be limited because of the expense. Currently working on policies. CAHSD has been offering Vivitrol since March 2018. • Suboxone will be part of CAHSD's IOP program. The goal is to taper the client off of Suboxone in 6 months. CAHSD's program will be personalized. 	
Conversations with Family Court	Dr. Kasofsky	<ul style="list-style-type: none"> • S. Aguillard and Dr. Laughinghouse are meeting with Judge Haney to discuss gaps in treatment services for children who are involved with juvenile justice. 	
Strategic Initiatives (2019)(Deferred)	Dr. Kasofsky	<ul style="list-style-type: none"> • Deferred until February 2019. 	
Self-Generated Revenue (November 2018)	Dr. Kasofsky	<ul style="list-style-type: none"> • SGR Report – Dr. Kasofsky provided an overview of the SGR report. She stated that CAHSD is on target. Services have been provided but billing is lagging for different reasons. The State Budget goal is to collect \$3.5 mil but to cover our needs it is closer to \$5.1. • Dr. Kasofsky explained that CAHSD has had difficulty getting paid by some of the managed care companies. CAHSD has had meetings with the corporate offices. One company is saying more than one service can't be provided and get paid which is not the case. She is confident that CAHSD will begin to be paid. 	
2020 Budget Requests New & Expanded	Dr. Kasofsky	<ul style="list-style-type: none"> • Deferred to February 2019. • 2nd Team for BH Crisis was funded this year because of extra State General Fund dollars. Permanent funding for the 2nd team was requested and Dr. Kasofsky thinks it will be funded. 	
LDH Contract	Dr. Kasofsky	<ul style="list-style-type: none"> • The LDH contract is 168 pages. Dr. Kasofsky hasn't signed the contract yet. She's still waiting to hear back. In the new contract, they are requesting that all budget requests go through LDH and 	Send acronym glossary to Board members.

		CAHSD would not be allowed to go directly to Legislators. LDH meets with the executive directors (EDs) individually but Dr. Kasofsky doesn't think any have signed the contract.	
Move Prep	Dr. Kasofsky	<ul style="list-style-type: none"> • The Government Street location is CAHSD's largest campus and is a 1970's bldg. with problems. The state would like to sell the property. A study has been completed on how many square feet/offices are needed, and what programs/services need to be co-located, separated. <ul style="list-style-type: none"> ➤ Looked at BRG, it's not a good fit. Went to Bon Carre and liked it a lot. However, Bon Carre has reconsidered and wants Administration on the front and our clinics on the back side of the building. ➤ There is available bus service. ➤ Can build out space, can make it an easy access for meetings. ➤ Rental cost on Government Street is \$12 sq. feet. CAHSD currently has 70K sq. feet. We need 40k sq. feet. 	
Board Member Status & Orientation Plan	Dr. Kasofsky	<ul style="list-style-type: none"> • Two new Board members have been appointed for East Feliciana: Genny Nadler Thomas and Dr. Rikki Permenter • Tessa Young, recent WBR appointee, declined the appointment citing her schedule and having 2 young children. • An email from Ellen Palmintier, Director of Boards & Commissions was distributed to the Board members. The following members are not eligible for reappointment to the board because they have served three consecutive terms (prohibition is in La. R.S. 28: 913.6(C)): Gary Spillman, Christy Burnett, and Gail Hurst. She is waiting on information regarding Becky Katz. • These members are able to continue to serve until the close of the 2nd regular session after their terms expired. Their seats will become vacant as a matter of law on June 2, 2020. Members may resign now and will then be eligible for reappointment after being off the board for one year. While the members remain on the board without having sent in a formal resignation letter, they will still be required to submit the ethics disclosures. • Due to the difficulty of finding volunteers to serve on the Board, Ellen Palmintier recommended that the Board may want to consider requesting a legislator to sponsor a bill removing board term limits. There was general discussion. Dr. Kasofsky did not recommend changing the current legislation. 	Mr. Spillman will research La.R.S.28: 913.

Report from Chairman			
Board Policy Review by Direct Inspection/Board Business			
2018 Ends Policy	Mr. Sawyer	<p>2018 Ends Policy – Direct Inspection</p> <ul style="list-style-type: none"> Year End Status Report from December 2018 meeting. The Year End Status report was distributed. Board members are to review and bring any questions/comments to the February meeting. It can be added to the draft agenda. 	Action not taken, vote deferred to February 4.
Financial Planning and Budgeting	Mr. Sawyer	<ul style="list-style-type: none"> Financial Planning and Budgeting The Board reviewed the Financial Planning & Budgeting Policy. Action not taken, vote deferred to February 4. 	Action not taken, vote deferred to February 4.
Financial Condition & Activities	Mr. Sawyer	<ul style="list-style-type: none"> Financial Condition & Activities Year Financial Report The Board reviewed the Financial Condition & Activities Policy. No action was taken. 	Action not taken, vote deferred to February 4.
Monitoring Executive Director Performance Comments	Mr. Sawyer	<p>Executive Director Performance Committee Meeting: Attendees: Tom Sawyer, Board Chair, Christy Burnett, Gail Hurst, Virginia Pearson and Gary Spillman.</p> <ul style="list-style-type: none"> Mr. Sawyer, Board Chair stated that the Monitoring Executive Director (ED) Packet, located in the member’s binder, was for review. He referenced the material that was provided/reviewed at the previous Board meeting. Mr. Sawyer stated that the Committee reviewed activities of the organization this past year and board member evaluation comments. The consensus of the Committee was that they are very pleased with the operation of the agency. Capital Area has gone through some significant hurdles this year with the accreditation and did very well. Mr. Sawyer stated this was a good look at the organization from the inside out. The Committee is pleased that CAHSD has been innovative in approach this year, setting up the private practice clinics with the Baton Rouge Clinic and others. CAHSD has worked very effectively with the Bridge Center this year and continues to do that. Mr. Sawyer reported that the general consensus of the Committee was that they find that the Executive Director has done an excellent job and recommends a 4% increase in her salary this year. Ms. Hobdy made a motion to accept the Committee’s recommendation to give the Executive Director a 4% raise in her 	There were no objections and the

		salary. Ms. King seconded the motion.	motions passed.
Monthly Meeting Date Adjustments	Mr. Sawyer	<ul style="list-style-type: none"> The following meeting changes were discussed. Ms. Hurst made a motion to approve the meeting changes of March 4th and September 2nd due to holidays. December 2nd will be revisited at a later date. Dr. Permenter seconded the motion. <ul style="list-style-type: none"> 3/4/19 (Mardi Gras) changed to March 11 9/2/19 (Labor Day) changed to September 9 12/2/19 (Monday after Thanksgiving) – will be revisited. 	There were no objections and the motions passed.
Policy Review Assignment Chairperson's Role	Mr. Spillman	<ul style="list-style-type: none"> Mr. Spillman provided an overview of the Chairperson's Role Policy and stated that the Board is in compliance. No changes are needed. 	
Next Policy Assignment	Mr. Sawyer	<ul style="list-style-type: none"> Policy Review Assignment: Ms. Hobdy was assigned to review the Board Member's Code of Conduct and Conflict of Interest Policy at the next meeting. 	
Adjournment	Mr. Sawyer	<ul style="list-style-type: none"> The meeting was adjourned. 	
Next Meeting	Mr. Sawyer	The next CAHSD Board meeting will be on February 4, 2019, at 1:00 p.m. at 4615 Government Street, Building 2, Room 200A.	